



Checklist 12: Force Field Interventions

This checklist is designed to help you assess your skills and identify areas for improvement in conducting force field interventions:

Force Field Analysis:

- Identify Key Actors:** Understand the interests, metaprograms, and drivers of relevant actors.
- Monitor Coalitions:** Keep track of alliances and coalitions that could influence dynamics.
- Tactical Creativity:** Develop creative tactics to effectively influence outcomes.

Intervening in Complex Scenarios:

- Engage Key Figures:** Conduct personal conversations with individuals who hold formal power.
- Information Gathering:** Prioritize initial discussions for collecting information before attempting to influence.
- Third Point Technique:** Employ this strategy as needed to facilitate discussions.
- Strategic Communications:** Utilize media and other communication tools appropriately to advance your objectives.

Personal Development:

- Active Participation:** Engage actively in change efforts rather than remaining on the sidelines.
- Address Limiting Beliefs:** If present, recognize and create space to work through any limiting beliefs you may have about employing tactical actions in your strategies.